



Micro-Needling Post Procedure

Immediately following the procedure, the most commonly reported temporary side effects are redness, swelling, bruising, tenderness, tingling, numbness, lumpiness, and/or a feeling of pressure or fullness at the injection sites and/or in the treated area(s). Cold gel packs/ice may be applied immediately after treatment to reduce swelling.

Day of procedure: No lotions, makeup or other topical products on your face before your procedure. After your procedure your aesthetic practitioner may apply skin moisturizer, and sun screen. You may clean your face with a gentle cleanser before bed.

Day 1: On the next day, you may clean your face as usual and apply makeup, lotions and other topical products as usual. Stay away from exfoliants or glycolic acids that are present in cleansers as these can make your skin very dry after the procedure. Be sure to use an approved SPF50 sunscreen!

Days 2-7: Within two (2) days following your Micro-Needling procedure, you will notice skin dryness and flaking. This is due to an increased turnover of skin cells. During this period, you may apply your regular skin moisturizer. Follow the instructions given to you by your aesthetic practitioner. If your medical professional used the roller or needle device around the eyes, you may have a little micro bruising that may exist for three or four days. This can easily be covered with makeup.

Days later, your skin will start shedding. These are skin layers that would regularly shed a week later, but the Micro-Needling brings this skin to the surface sooner. During this temporary process, your skin will shed and be dry.

Days 7+: A week after the Micro-Needling procedure, most patients notice that their skin is smoother and more radiant.

Results vary, but usually a course of 1-3 treatments (maximum of 6, depending on the condition being treated) is typically recommended. Of course, results may vary from patient to patient. Keep in mind that the healthier your body is, the better will be the results you achieve from a Micro-Needling procedure. Your body's function and overall health are reflected in your skin.

Adverse reaction awareness:

The results directly after the treatment should not be seen as the final result.

Pain and discharge are not normal. If you experience these, please call the clinic immediately for advice.

If you experience persistent or increasing swelling and redness that might indicate infection, or bruising that is more than average, contact us via email: info@mypureaesthetics.com or whatsapp: 07779666009