



PROFILO®

- Avoid smoking for 48 hours.
- It is advisable that you do not touch the area for 6 hours.
- Do not apply make up for up to 24 hours.
- Avoid exposure to UV, extreme heat for 2 weeks i.e. sauna, steam rooms, hot shower, sun beds etc. as this may increase discomfort and swelling.
- Do not work-out for 48 hours after your procedure. We recommend waiting at least a week after Profhilo before doing any strenuous exercise. All strenuous exercise should be avoided, but it's also recommended to avoid yoga as inverted positions, such as headstands, could also increase the risk of bruising and swelling.
- Although drinking alcohol won't impact on the long-term results of having profhilo, it can increase bruising and swelling. Consuming alcohol a day or two before or after a procedure could increase the likelihood of bruising and swelling in some patients.
- Sleep on your back the evening after the procedure, to ensure filler is not disrupted during sleep.
- Arnica gel/cream can be used to help reduce bruising.
- For the best results, schedule an appointment at least 2 weeks prior to any special events.
- You may have temporary tenderness, swelling or bruising around the injection sites which may be present for up to two weeks after treatment.
- The filler may appear lumpy for the first 5-7 days after treatment due to swelling and the healing process, this will settle down in due course.
- Avoid applying pressure to or massaging the treated area for 2-3 days following treatment.
- Gently apply cool compress to extreme swelling.
- If in pain following procedure take regular paracetamol. Avoid ibuprofen or aspirin.
- Avoid facials, waxing, chemical peels, skin needling, microdermabrasion, IPL or laser treatments to the area of treatment for 2 weeks after treatment. Please discuss your future treatment plans with your aesthetic practitioner.
- The product is injected in small 'deposits', you may be able to see them initially, but they settle usually within hours. It may be possible to feel the product where it has been injected under the skin. Don't worry this will settle, there is no need to massage.



TREATMENT FOLLOW UP

- For optimal results Profillo requires 2 treatment 4 weeks apart, very occasionally a 3rd treatment may be required. Profillo works on remodelling the skin so the results are not immediate, the result will not be evident for around 8 weeks after your initial treatment, but it will be worth the wait!!
- The duration of the effect is very individual. Skin type and muscle activities are factors which can influence the longevity of the Profillo. Combination treatments or successive treatments may be required for optimum effect.

PLEASE TAKE A MOMENT TO REVIEW THE INFORMATION BELOW, WHICH OUTLINES POSSIBLE RECOMMENDATIONS ON HOW TO MANAGE ANY COMPLICATIONS THAT COULD ARISE DURING OR AFTER DERMAL FILLER OR PROFHILO TREATMENT.

WITH ANY COSMETIC PROCEDURE, THERE MAY BE POTENTIAL RISKS AND COMPLICATIONS. IN THE CASE OF DERMAL FILLERS OR PROFHILO, IT IS IMPORTANT TO BE AWARE OF THE POSSIBLE ADVERSE REACTIONS THAT MAY OCCUR.

IF YOU DEVELOP SYMPTOMS OF A VASCULAR OCCLUSION SUCH AS SEVERE OR DULL PAIN AROUND THE EYE, FACE, LIPS, OR ANY PLACE THAT THE PROFHILO HAS BEEN INJECTED, ANY WEAKNESS OF THE EYE OR VISION DISRUPTION OR DARK DISCOLOURATION OF SKIN WITH PROLONGED BLANCHING OR MOTTLING OF THE SKIN WITHIN THE FIRST 24-48 HOURS OF TREATMENT THEN PLEASE CONTACT US IMMEDIATELY ON 07779666009 OR EMAIL: INFO@MYPUREAESTHETICS.COM . ALTHOUGH THE RISK OF VASCULAR OCCLUSION IS VERY RARE, IT REQUIRES URGENT ASSESSMENT AND TREATMENT.

! POSSIBLE FILLER COMPLICATIONS !

With any procedure, nothing is ever 100% risk free.
Although these risks and complications are extremely rare, they can still happen.
If you experience ANY of the following in red at all, please do NOT hesitate to contact me as soon as possible so that we may resolve any potential issues. Time is of the essence here:

<p>White Area</p> 	<p>Any white areas or patches Coldness in the area Reduced sensation / numbness Black or blue discolouration Mottled appearance Pain +++ Small blisters / vesicles Skin breakdown Poor capillary refill</p>	<p>White Area</p> 
<p>Small Blisters/ Vesicles</p> 		<p>Mottled appearance</p> 

The above 4 pictures are examples of when an artery has been compressed or blocked by filler and it is not able to carry the blood supply around the face. This is called a 'vascular occlusion' and can become very serious if left untreated.

 <p>Bruising during treatment: normal</p>	 <p>Bruising several hours after treatment: normal</p>	 <p>Extreme bruising several hours after treatment; rare</p>	<p>The 3 pictures on the left, are examples of bruising in the lips during & after the procedure. It is possible the bruising may and can get a lot worse a day or two later. This is normal. Bruising can take up to 14 days (sometimes longer) to fully heal. Please be patient. As long as none of the symptoms above in red do not appear please do not worry.</p>
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